

**Woodbridge Baseball Academy  
2012 Winter Baseball Camp  
Registration Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Home Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Grade: \_\_\_\_\_

Shirt Size: (circle one) S M L XL XXL

Parent/Guardian Name: \_\_\_\_\_

Cell Number: \_\_\_\_\_

My son will attend the following camp(s):

\_\_\_\_\_ February 11 (All 5 Sessions)

\_\_\_\_\_ March 17 (All 5 Sessions)

Enclosed is a check made out to The Woodbridge  
Community Youth Center for: \$ \_\_\_\_\_

Please Return to: Woodbridge Baseball Academy  
1200 W. Canfield  
Detroit, MI 48201  
Woodbridge.center@sbcglobal.net

Parent/Guardian Release and Indemnity Agreement:

I hereby release the Woodbridge Community Youth Center, Woodbridge Baseball Academy, its Directors and employees from all claims on account of injuries which may be sustained by my son while attending the camp. I also certify that my son is medically fit to participate in your camp and grant permission for the Directors to act in their best judgement in any emergency requiring medical attention. I will furnish my own medical or dental insurance.

Parent/Guardian Signature: \_\_\_\_\_

**WBA CAMP  
INFORMATION:**

**WOODBRIDGE COMMUNITY  
YOUTH CENTER FACILITY**

Includes full-size batting cage, (6) Catchnet T-Stations, Jugg Pitching machine, (2) Portable Pitching mounds, (2) Catcher Stands, (2) Gymnasiums, (10) Classrooms, and Cafeteria. (46,000sq. ft.)

**WHAT TO WEAR**

Baseball pants or sweatpants, sweat shirt, baseball cap and gym shoes.. (Clean & Dry)

**WHAT YOU SHOULD BRING**

Bat, Glove and Batting gloves (If you own)  
And a Lunch for Break-time.



**CAMP TUITION**  
**ONLY \$50.00 PER PLAYER**

**LOCATION:**

Woodbridge Community Youth Center  
1200 W. Canfield  
Detroit, MI 48201  
(313) 832-4770  
Woodbridge.center@sbcglobal.net



**2012 WINTER  
BASEBALL CAMP  
ALL INCLUSIVE**  
Five Consecutive Weeks:  
**March 17, 24, 31,  
April 15, & 22**

**Ages: 7—12  
1:30pm—6:30**

**Hitting, Fielding,  
Pitching, Catching,  
Speed and Solid  
Fundamentals**

Advanced Training from  
over 130 Years of  
Coaching Experience



**Registration Cost Only \$50.**  
COACH TO PLAYER RATIO 8:1  
**25 Hours of Comprehensive Training**

**For Info call: (313) 832-4770**

## CAMP OVERVIEW:

### Hitting:

Training dedicated to improving techniques and fundamentals of hitting. Instruction and drills designed to address mechanics, hands, bat speed, weight transfer, strike zone and situational hitting.

### Fielding:

Instruction designed to teach approach angles, footwork, hand positioning, balance and wrap-up.

### Throwing:

Focus will be on warm-ups, arm angles, grip, release point, and follow through.

### Pitching:

Teaching proper mechanics, grips, stride, balance, location, fielding off the mound and covering 1st base.

### Catching:

Designed to cover handling pitchers, footwork, blocking pitches, giving signals, fielding bunts, and throwing to each base.

### Fundamentals & Speed:

Fundamentals of bunting, stealing, sliding, lead-offs, and emphasizing the mechanics of speed and running.

### Classroom:

Portioned designed to highlight the mental side of the sport. Pre-test/Post-test, Umpiring, health & wellness, history & language of the game of Baseball and Video Technology measurement.



## 2012 CAMP STAFF Experience

**Mike Wilson (Co-Director)**  
Ex-Minor Leaguer, Travel,  
High School and Jr. College

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**Leon McKissic (Co-Director)**  
Ex-Travel Director, Southwestern and  
Renaissance Head Coach

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**Henry Washington**  
Ex-Minor Leaguer, Travel, High School  
and Jr. College Head Coach

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**Darrell Parrish**  
Ex-Minor Leaguer,  
Renaissance High School

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**Nate Clark**  
College Player, Travel ,  
Mackenzie High School

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**Cedric Thomas,**  
Southwestern High School  
Renaissance High Coach

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**Darrick Ervin, Trainer**  
Individuals, High School,  
College & Pro Athletes

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**Garrett Street**  
DYFF Director  
Legends League Baseball

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**Jason Lawson, Videographer**  
Lawson Studios, Woodbridge  
Community Studios



### Full Developmental Interactive Camp:

This five week camp is designed to help youth discover the principles, practices, procedures, and skills necessary to achieve success within the landscape of Baseball. The WVBA program will give youth a full spectrum of fundamentals, drills and positive reinforcement covering 25 hours of exciting and intense training. The players will transition through a series of different stations that will offer a fun learning experience yet challenging environment for all. This camp also features classroom experiences teaching the culture, language and history of Baseball including the Negro leagues. The goal throughout this camp is to help young urban athletes develop their physical abilities, mental approach and knowledge of future opportunities as it relates to their involvement in the game of Baseball.

### WBA Goals:

- Teach Life Skills through the game of Baseball.
- Empower youth via teaching the proper skills and fundamentals of Baseball.
- Promote physical activity and healthy lifestyles through Baseball Training.
- Strengthen our community (Detroit) through sports (Baseball).
- Utilize an advanced standard set of evaluation methods to measure outcomes., including Video technology.